

Make your own...

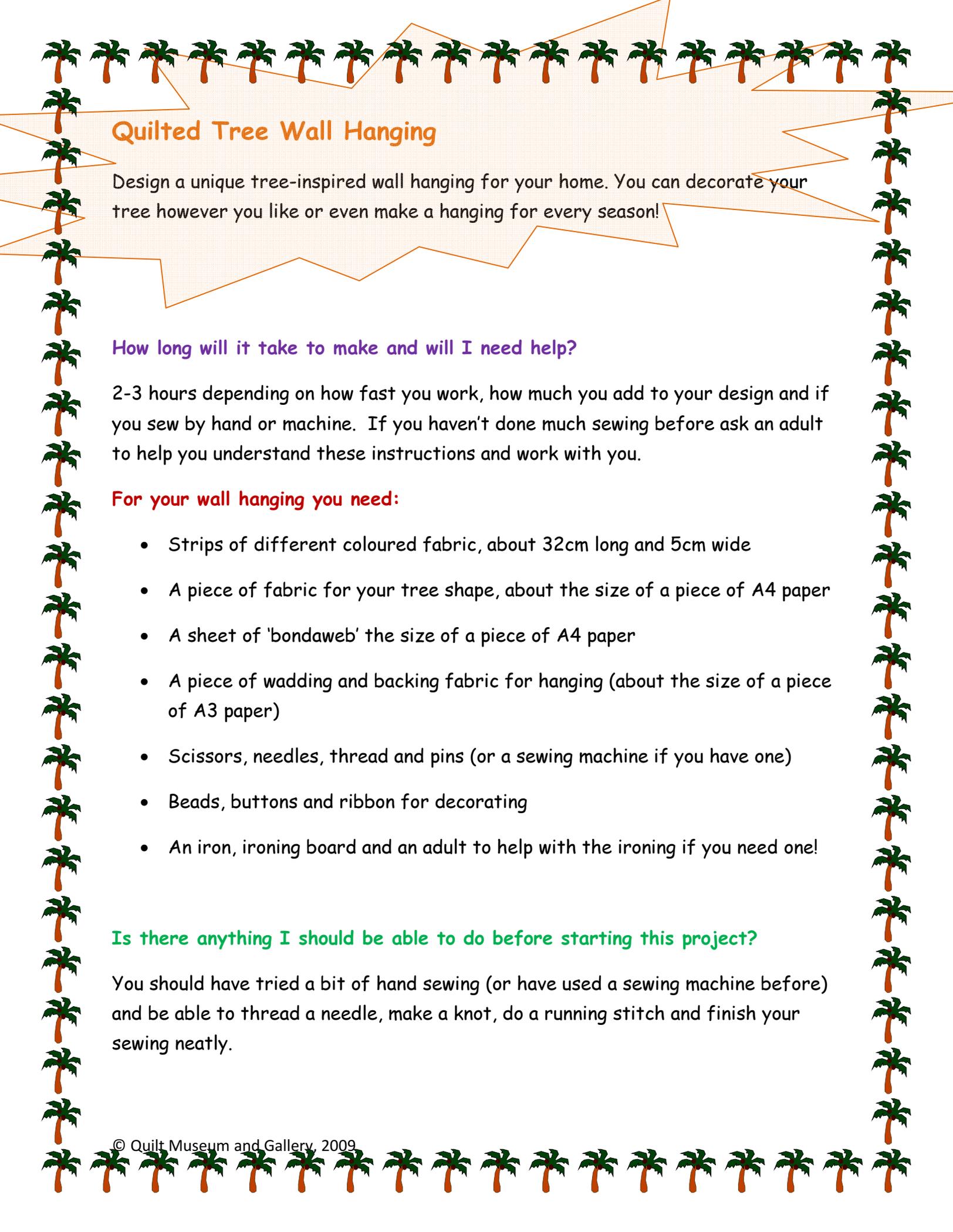
Quilted Tree

Wall Hanging



Please be safe when you sew!

Ask an adult for help if you need it and check your equipment before you start.

A decorative border of palm trees surrounds the page. The trees are arranged in a slightly wavy line along the top and bottom edges, and in vertical columns along the left and right edges. The palm trees are green with brown trunks.

Quilted Tree Wall Hanging

Design a unique tree-inspired wall hanging for your home. You can decorate your tree however you like or even make a hanging for every season!

How long will it take to make and will I need help?

2-3 hours depending on how fast you work, how much you add to your design and if you sew by hand or machine. If you haven't done much sewing before ask an adult to help you understand these instructions and work with you.

For your wall hanging you need:

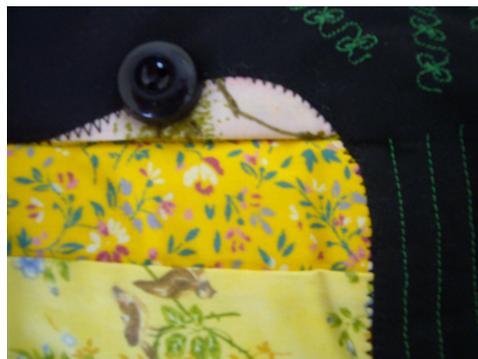
- Strips of different coloured fabric, about 32cm long and 5cm wide
- A piece of fabric for your tree shape, about the size of a piece of A4 paper
- A sheet of 'bondaweb' the size of a piece of A4 paper
- A piece of wadding and backing fabric for hanging (about the size of a piece of A3 paper)
- Scissors, needles, thread and pins (or a sewing machine if you have one)
- Beads, buttons and ribbon for decorating
- An iron, ironing board and an adult to help with the ironing if you need one!

Is there anything I should be able to do before starting this project?

You should have tried a bit of hand sewing (or have used a sewing machine before) and be able to thread a needle, make a knot, do a running stitch and finish your sewing neatly.

So how do I make my wall hanging?

1. Think about your tree design - what would you like to do? Choose your fabric strips for the background behind your tree and the fabric for the tree shape.
2. Start sewing your fabric strips together using the 'stitch and flip' method. This is where you put two strips with the front sides of the fabric facing each other and then sew in a straight line down one edge. Open the strips out when you finish sewing and 'finger-press' them. Then add another strip, facing one of your sewn-together strips, and sew down the free edge. Repeat this until you have a piece of strippy fabric about the size of an A3 piece of paper.
3. You're now ready to start the tree bit. Take your piece of 'bondaweb' and your tree fabric. Draw your tree shape onto the paper side of the bondaweb. Keep your tree shape quite simple - it'll be easier to sew around later on!
4. Now put the bonadweb, paper side up on the back of your tree fabric. Iron the paper side until the bonadweb is stuck to the fabric. Now cut around the tree shape and the fabric and peel off the paper from the back of your tree- you should have a neat tree shape with some sticky bondaweb on the back.
5. Put the tree shape, bondaweb side face down, on your strippy, sewn fabric wherever you want your tree (not too close to the edge). Iron it in place until it sticks - *don't forget to ask for help with ironing if you need it.*
6. Now you need to secure your tree shape by sewing around the edge. You could use a **running stitch** or a more decorative one like a **blanket stitch**. If you're using a machine try a **zig-zag stitch**.



7. If you want to, decorate your tree or background with beads, buttons or anything else you want to use. You will need to hand-sew these on. You could even embroider some stitches or words onto the tree like in the photo:



8. Now you're ready to put your wall hanging together. Make a sandwich of fabric with the wadding on the bottom, the tree piece facing upwards on top of that and finally the piece of backing fabric facing down. Put some pins around the outside edge of your sandwich to hold everything together.
9. Fold two pieces of ribbon in half and tuck the folded bit inside the top edge of your sandwich, between the tree piece and the backing. The edges of the ribbon should stick out the top of the sandwich. Pin through the ribbon and sandwich so they don't fall out.
10. Sew around 3 and a half edges of your sandwich, making sure you sew through all three layers and the ribbons to hold them in place. Don't forget to finish your sewing with a few really strong stitches or it might unravel during the next bit.
11. Now take your pins out and turn your wall hanging inside out through the gap you have left. You folded ribbons should now look like this:



12. Sew up the gap in your quilt by hand using an 'over-stitch' - this stitch goes down the outside edge of the gap, over and over, catching the material as you sew.

13. If you want to, you can add some quilting to your wall hanging. Follow the lines of your strippy background and sew neat stitches either side of your tree. The quilting stitches give a lovely puffy effect and make your tree design really stand out.

14. If you don't want to add any more decoration, your tree wall hanging is all finished!



Extra ideas to try:

- Why not make a quilted wall hanging for each season? You could have one on each wall in your bedroom.
- Make a 'friendship tree' wall hanging and add the names of your friends on the tree branches.
- Make your hanging into a quilted placemat by changing your design from portrait (top to bottom) to landscape (side to side).
- Why not pick a tree that says something about a place in the world you have visited or would like to go to? You could have a palm tree for a holiday in the Caribbean or maybe a maple tree for a trip to Canada!